

## What Is the Family Caregiver Support Program?

This is a federal program enacted through the Older Americans Act Amendments of 2000, to provide supportive services to family caregivers.

#### **What Services Are Offered?**

There are five basic services:

- Information about services in the community
- 2. Assistance in gaining access to supportive services
- 3. Reinforce the caregiver role through
  - · Individual counseling
  - Organization of support groups
  - Caregiver training
- 4. Respite Care for temporary relief from caregiving responsibilities
- 5. Supplemental Services to complement the care provided by caregivers



# Are there any eligibility criteria for services if I am a caregiver who is providing care to an older individual (60 years or older)?

Family caregivers of older individuals may access the five basic services.

However, for respite care and/or supplemental services, the older individual must need help in performing two or more tasks listed below:

Toileting, bathing, dressing, grooming, eating, mobility or transferring

#### OR

Laundry, shopping, housework, telephone, financial management, transportation and meal preparation.





## Are there any eligibility criteria for services if I am family caregiver of a child under 19 years of age?

- · Age 60 or older
- Live with the child
- Be the primary caretaker of the child



## Are there any income limitations?

There are no exclusions based on income. However, volunteer contributions can be provided. A sliding fee schedule may be applied in some programs.

#### How do I apply for these services?

Services are provided by the local Area Agency on Aging. Refer to the back of the brochure for the Area Agency on Aging in your area and ask to speak with the Family Caregiver Support Program Coordinator.

#### **Area Agency on Aging:**

#### Region I (Maricopa County)

Area Agency on Aging 1366 E. Thomas Road, Suite 108 Phoenix, AZ 85014 (602) 264-4357

#### Region II (Pima County)

Pima Council on Aging 8467 E. Broadway Tucson, AZ 85710 (520) 790-7262

### Region III (Apache, Coconino, Navajo & Yavapai Counties)

Northern AZ Council of Government 119 E. Aspen Avenue Flagstaff, AZ 86001-5296 (928) 774-1895, (928) 773-1135

## Region IV (La Paz, Mohave & Yuma Counties)

Western AZ Council of Governments 224 S. 3rd Ave. Yuma, AZ 85364 (928) 782-1886

#### Region V (Gila/Pinal County)

Pinal/Gila Council for Senior Citizens 1895 N. Trekell Rd., Suite 2 Casa Grande, AZ 85222 Mailing Address: PO Box 11452 Casa Grande, AZ 85230-1452 (520) 836-2758

### Region VI (Cochise, Graham, Greenlee & Santa Cruz Counties)

South Eastern AZ Government Organization 118 Arizona Street Bisbee, AZ 85603 (520) 432-5301 Area Agency on Aging:

#### Region VII (Navajo Nation)

Navajo Area Agency on Aging P.O. Box Drawer 1390 Administration Bldg. #2 Window Rock, AZ 86515 (928) 871-6868, (928) 871-6783

#### Region VIII (Inter-Tribal Council of Arizona)

Area Agency on Aging 2214 N. Central #100 Phoenix, AZ 85004 (602) 258-4822, (602) 258-ITCA

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Arizona Department of Economic Security Quality Service, Organizational Pride, Client Self-Sufficiency



Support services for family caregivers of an elderly individual and/or elderly relatives who are raising a child under age 19

Aging and Adult Administration 1789 W. Jefferson, Site Code 950A Phoenix, Arizona 85007 602-542-4446



Continuing the Cycle